

Name : Sharan (Name Changed)

Age: 43 years

Occupation: Investment banker

Place: New York

Around 29th March he came down with fever. (He is usually prone only to cold and cough and not fever). As Covid-19 was raging in New York, he was very afraid that he had contracted Covid. He quarantined himself in his office, as he has a pregnant wife at home with two children. From day one, his Ayurveda doctor (from Chennai) advised him to start on Thaleesadi choornam (1 teaspoon in honey) and Sudarsana Choorna tablets (4 tablets), both three times a day. He took no other medicine.

On the 3rd day, he called a doctor who came to take a test. The doctor was afraid to go up to meet him. Sharan's wife took the test kit from the doctor, took a swab from the nose of the patient, placed it inside the test tube and gave it to the doctor for testing. The fever was usually 103 deg.(F), which would mostly occur in the evening and night and it was lower in the morning.

After a week, his fever was down to 99.8 deg.F or so. Test results came after five days, confirming it was positive for Covid-19. By then the fever had completely subsided and the patient was completely out of the problem. Since he had taken the Ayurvedic medicines from day one, the progress of the disease was clearly arrested.

The patient is willing to vouch for whatever is reported here. The patient called his doctor in Chennai and provided this information over the phone.